



Virtual Parent Café (VPC) Practice Session – In order to be eligible to attend this training, you first need to attend a Virtual Parent Café as a guest. If you are interested in attending a Virtual Parent Café click [here](#) to find upcoming VPC dates. This training is designed for individuals who have been trained in-person as either a Parent Café Facilitator or Table Host. During the VPC Practice Session we will outline the roles and responsibilities of a Room Host (new name for Table Hosts in the virtual setting) at a Virtual Parent Café and practice Room Hosting, including sharing your screen in Zoom.

Room Host Training - In order to be eligible to attend this training, you first need to attend a Virtual Parent Café as a guest. If you are interested in attending a Virtual Parent Café click [here](#) to find upcoming VPC dates. This training is designed for individuals who would like to become a Virtual Parent Café Room Host, but have never been trained at an in-person Parent Café.

Candidates for Room Hosting are those who:

- Have a positive attitude
- Are good at relating to people from different walks of life and show respect at all times
- Are able to pivot, and reassure and support others, when something doesn't go as planned
- Are in a relatively good place with respect to challenges in their own lives
- Are excellent listeners and not prone to monopolizing a conversation
- Can be comfortable with silence
- Are sensitive to others who may be going through a difficult time
- Are able to commit the time needed to serve as a Room Host

This training will cover the roles and responsibilities of a room host during a Virtual Parent Café and includes time to practice.

Tech Boot Camp! - In order to attend you need to first attend a Virtual Parent Café as a guest or a Virtual Parent Cafe Overview. This training is for VPC Facilitators and team members who will be managing technology (Zoom) during Virtual Parent Cafes. You will need to attend this training on a desktop or laptop (not a tablet or phone).

Virtual Parent Café Overview - This is a recorded training that is available to individuals who are interested in how the in-person Parent Café has been adapted to the virtual world. If you would like to be enrolled in this recorded training please email Gail Guillard and request to be enrolled.

